

Assisted Living Things to Do and Not Do

Making the move to an assisted living facility doesn't have to be complicated but it does mean wisely planning ahead. It's not something that should be done on a lark, nor should it be done at the last minute. It's a process that should begin before there is an impending need.

“One never knows if the transition to assisted living is right for him or her so the first step is Don't Sell Your Home yet!” says Vonnie Sheehan, Executive Director at Wardwell Gardens in Saco. “You should see if the assisted living arrangement is right for you.” Sheehan suggests, “Bring your parent in to look us over. Let them imagine themselves here.”

Another concern should be about giving away your assets to your children and grandchildren. Giving away your assets can mean giving away your opportunity to live well as you age.

In most cases, by giving away your assets, you lose the opportunity to qualify for living in many assisted living facilities. It's a complicated formula of financial arrangements that must be met in order to qualify to live in many facilities like Wardwell Gardens.

To learn more about the things to do and not do, call Mark Peterson, Director of Financial Services at Wardwell Gardens at 284-7061. He will gladly answer your questions or refer you to someone who can provide the best information. Wardwell Gardens is conveniently located within close walking distance to stores, banks, post office, churches and other community resources in the historic center of Saco.

