November 2026 Newsletter

The Wardwell

43 Middle Street Saco, Maine 04072
207.284.7061 www.wardwell.org

Dear Wardwell Family,



Hello, November!

November is here, bringing cooler days and the start of the holiday season. This month, we look forward to honoring our veterans, enjoying Thanksgiving traditions, and sharing plenty of activities together. Wishing everyone a wonderful November and a Happy Thanksgiving!

Kimberly Boisvert, Executive Director

"We are GREAT people doing GREAT things!"



2pm Highlighted Concerts

Open to All of Wardwell Neighborhood Tenants



November 6
Peter Mezoian
Banjoist

November 16
Jay Staples
Singer

November 30
Rob Robbins
Pianist



Management Team

Kimberly Boisvert, Executive Director
Era Gingras, Resident Services Director
Meghan Bristol, Finance Director
Al Lebreux, Maintenance Director
Brian Mawhinney, Food Service Director
Greg Collins, Admissions Director

The Wardwell Neighborhood

Community News

November 2026

November LIMELIGHT!

Rachel!



This month we are happy to feature, Rachel H., RN. She not only spends time with us during our vital signs clinic every month, but she is here every Friday helping in Activities! With a BSN in Nursing and a degree in Special Education, she has been a Registered Nurse for three years and enjoys learning new things. Her favorite part of working at Wardwell is building meaningful relationships with residents, including discovering connections to people from her childhood. Inspired by her parents, she has always valued education and personal growth. Outside of work, she enjoys reading mysteries, baking, painting, classic comedies, and tap dancing, which she studied for 18 years. Her favorite shows include *I Love Lucy* and *The Golden Girls*. She and Rob are excited to welcome a baby girl, Joy Natalia Hubbell, at the end of 2026!

November Celebrations!

RESIDENT ANNIVERSARIES

Bob G., 11/2

Carmel B. 11/5

Barbara H., 11/17

Beverly L., 11/25

EMPLOYEE ANNIVERSARIES

Al L., 11/1

Greg C., 11/30

Veterans Day, November 11, 2026

Veterans D ay provides an opportunity to recognize the men and women who have served in our nation's Armed Forces. At the Wardwell, we extend our appreciation to our resident veterans and their families, recognizing the experiences, sacrifices, and contributions that are part of their stories.

Thank you for your service!



The Wardwell Neighborhood One

Community. Many Connections.

Aging Well Lunch & Learn

Join us for an informative and engaging afternoon focused on aging well, staying healthy, and making the most of life!

Thursday, November 5, 2026

12:30 PM

Activity Room

Hosted by

Laurie Tupper & Greg Collins

For Wardwell Tenants of the Independent Neighborhood

All Wardwell Neighborhood Tenants Are Welcome!

43 Middle Street, Saco, Maine 04072

www.wardwell.org

(207) 284-7061

THE WARDWELL NEIGHBORHOOD
November 2026

Exercise & Speaker Activities

Wardwell Tenants, please sign in at your arrival.

November 9, 10:30a	Health Topic *BobbiJo from Amedysis*
November 17, 2p	Line Dancing *Deb Brundage*
November 4, 3p	Yoga *with Mindy Muse*
November 27, 2p	Exploring Northern U.S. w/Michael Perry

Wardwell's Compliment Corner

"Wardwell – It's the best place on earth!"

-GW



November Fun Facts

- November was originally the ninth month of the Roman calendar. Its name comes from novem, the Latin word for nine.
- The first nationally televised Macy's Thanksgiving Day Parade aired in 1948.
- Abraham Lincoln proclaimed a national Thanksgiving observance in 1863.
- November's birthstones are topaz and citrine.
- The traditional November birth flower is the chrysanthemum.
- The first automatic pop-up toaster was introduced in 1921.

A Look Back: Thanksgiving in the 1940s and 1950s







Thanksgiving celebrations have changed over the years, but many traditions remain familiar. In the 1940s and 1950s, families often gathered around tables filled with homemade dishes, including roasted turkey, stuffing, mashed potatoes, and pumpkin pie. For many, the best part wasn't the meal itself but the familiar faces, conversations, and traditions shared around the table.

What Thanksgiving dish was always on your family's table?

MACY*S Thanksgiving Day Parade

will be Broadcast on November 26 on NBC starting at 8:30am!



The Wardwell Neighborhood

Community News

November 2026

Thanksgiving Word Search

J	M	I	O	X	T	L	E	F	T	O	V	E	R	S	Y	N
P	D	A	J	K	S	F	D	T	R	A	G	S	E	L	G	G
W	J	I	S	W	Y	G	M	H	W	V	W	C	I	L	K	R
F	Z	D	N	H	H	M	N	E	T	E	U	M	K	A	U	A
R	M	G	T	N	E	R	J	I	E	A	A	R	R	B	M	T
A	W	G	I	L	E	D	O	T	S	F	H	F	Q	T	T	I
I	J	R	F	B	X	R	P	Y	T	S	G	J	F	O	H	T
P	N	A	E	V	S	O	R	O	W	E	E	O	M	O	A	U
O	U	V	A	P	T	R	E	O	T	I	V	L	B	F	N	D
C	T	Y	S	A	E	J	D	X	L	A	S	B	B	Z	K	E
U	T	B	T	B	Q	K	I	R	J	L	T	H	N	H	F	W
N	T	O	N	U	R	Q	C	J	Z	V	S	O	B	T	U	Q
R	U	A	L	L	Y	M	E	Q	H	A	N	Q	E	O	L	N
O	R	T	M	A	Y	F	L	O	W	E	R	M	T	S	N	L
C	K	Z	H	P	U	M	P	K	I	N	P	I	E	R	S	E
M	E	L	X	A	D	H	P	G	P	I	L	G	R	I	M	S
F	Y	P	T	M	P	F	A	N	S	T	U	F	F	I	N	G

Apple Cider
Blessings
Cornucopia
Cranberry Sauce
Dinner Rolls
Family
Feast
Football
Gratitude
Gravy Boat
Leftovers
Mashed Potatoes
Mayflower
Pilgrims
Pumpkin Pie
Stuffing
Sweet Potato
Thankful
Turkey
Wishbone

Memories in the Making!









Questions about Admissions?

Please contact Greg!

43 Middle Street, Saco, Maine 04072
www.wardwell.org
(207) 284-7061