November 2026



Wardwell

Assisted Living Activities



This month we celebrate:

11/11 Veterans' Day
11/26 Thanksgiving

The Wardwell
43 Middle Street
Saco, Maine 04072
Established 1889



Monday	Tuesday	Wednesday	Thursday	Friday
2	**3**	**4**	**5**	**6**
10a Rosary & Prayer Group 10:30a Thanksgiving Tree & Tables Decorating **2p Ann Sparling Guitar Concert**	9:30 Cribbage Club (Dining Room) **10:30a Exercise Blitz: Seated Stretching** **2p-4p Handy Helper Errands w/ Rob: Walmart** 2p Shuffleboard	**9a-11a Handy Helper Errands w/ Rob: Hannaford, Bidd.** 9:30a Communion with Rejeanne 10:30a BINGO 1:30 Helping Hands –Pumpkin Scoop, Season & Sizzle **3p Yoga with Mindy Muse**	10:30a Armchair Travel: A New England Tour **2p-4p Handy Helper Errands w/ Rob: Shaw's & Reny's** 2:00p Skeeball	**10a Exercise Blitz: Hallway Hustle** 11a Jeopardy w/Rachel **2p Peter Mezoian-Banjoist**
9	**10**	**VETERANS DAY 11**	**12**	**13**
10a Rosary & Prayer Group **10:30 Health Topic & Round Table w/ BobbiJo/Amedysis - Range of Motion** **2p Gary Richardson 50/60's Guitar**	9:30 Cribbage Club (Dining Room) **10:30a Exercise Blitz: Head to Toe** **2p-4p Handy Helper Errands w/ Rob: Mardens, Dollar Store Bidd, Greek Cemetery** 2p New Resident Social & Welcome	**9a-11a Handy Helper Errands w/ Rob: Banking Errands** 9:30a Communion with Rejeanne 10:30a BINGO **2p Veterans' Assembly**	**10:30a Tree Decorating at Dyer Library - Festival of Trees** **2p-4p Handy Helper Errands w/Rob: Community Pharmacy** 2p Tim True LCSW Comfort Connections Circle	**10a Exercise Blitz: Better Bar Balance** 11a Wheel of Fortune w/Rachel **2p Glenn Bryant Guitar**
16	**17**	**18**	**19**	**20**
10a Rosary & Prayer Group 10:30 Reiki with Amber **2p Jay Staples Concert**	9:30 Cribbage Club (Dining Room) 10a Pet Therapy w/ Daisy Dog **10:30a Exercise Blitz: Tapping Yoga** **2p-4p Handy Helper Errands: Hannaford Saco** **2p Deb Brundage Line Dancing**	**9a-11a Handy Helper Errands w/ Rob: Kohl's** 9:30a Communion with Rejeanne 10:30a BINGO 1:30p Helping Hands w/ Brian - Slice & Dice Soup Prep **2:30p Laurie Tupper Karaoke**	10:30a Art Appreciation w/Norman B. – "Henri de Toulouse-Lautrec" **2p-4p Handy Helper Errands w/ Rob: Goodwill & Ocean State Job Lot** 1:30p Resident Council 2:30p Art in Action w/ Diane Lent - "Henri de Toulouse-Lautrec"	9a-11a Monthly Vital Signs Clinic **11:15a Diner's Club – Olive Garden** **2p Chris Humphrey-Pianist**
23	**24**	**25**	**THANKSGIVING 26**	**27**
10a Rosary & Prayer Group **10:30a Social with Lori from Affinity** **2p David Ernst -Pianist**	9:30a Cribbage Club (In Dining Room) **10a Service of the Word & Table w/ Pastor Joel & Wendy (Home Living Room)** 10:30 Safety BINGO w/ Saco Fire Dept **2p-4p Handy Helper Errands w/Rob: CVS Bidd.** **2p The Chris & Mike Show**	**9a-11a Handy Helper Errands w/ Rob: Target & TJMaxx/HomeGoods** 9:30a Communion with Rejeanne 10:30 BINGO **2p Exercise Blitz: Flashcard Fitness!**	8:30-12:00 Macy's Thanksgiving Day Parade on NBC (Home Living Room) **12noon Thanksgiving Dinner** 2pm Afternoon Matinee – Good Sam (Home Living Room)	10a Christmas Decorating Begins! **2p Michael Perry Slideshow** 2:30p Wardwell Ice Cream Social
30				
10a Rosary & Prayer Group 11a Christmas Decorating Continues - Part 2! **2p Rob Robbins-Pianist**				

Concerts & Entertainers! Open to Wardwell Neighborhood | **Exercise & Presentation Series** Open to Wardwell Neighborhood | **Assisted Living Resident Outing** | **Assisted Living Resident Diner's Club** | **Wardwell's** Handy Helper Errands | Theme Days