

# April 2023

# Wardwell

## Assisted Living Activities

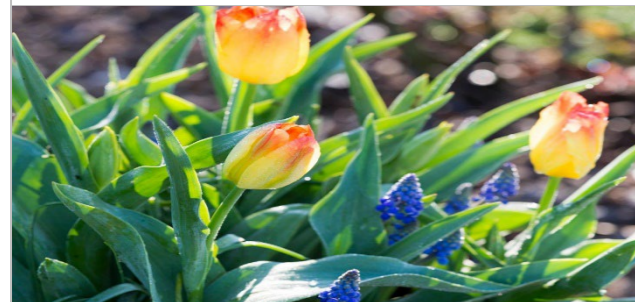
The Wardwell

43 Middle Street  
Saco, Maine 04072

Established 1889



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
10a Prayer Group 10:30 April Dining Arrangements <b>2p David Ernst: Piano</b> 3:30p Faith Sharing 4pm Dominoes	10a Weights Workout 10:30a Spring Bunny Pots 2p Golf Tourney with Al 3:30p Wheel of Fortune	10a Morning Bingo 11a Walker Presentation with CenterWell: Chris & Jen 1:30p Afternoon Bingo 3:00p Helping Hands: Preschool surprise	10:00a Target/ Bull Moose Outing 1:30p Ice cream sandwich making with Brian 3:00pm Armchair Travel: Easter From Around the World	10:00a From the Heart: Wardwell Woofers Biscuits! <b>2p Songs with Scott &amp; Donna</b> 3p Helping Hands: Biscuit Packaging
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
10a Prayer Group 11a Amedisys Health Topic <b>2p Linne Perry Music</b> 3:30p Faith Sharing	9:30a Christmas Tree Shops and Michaels Crafts Outing 2p Cornhole with Steve 3:30p Wooden Egg Painting	10a Morning Bingo 11a Balance Exercise 1:30p Afternoon Bingo 3p Golden Carers: It Happened in April	10a Weights Workout 2p Afternoon Pokeno 3pm Old Albums Reminiscing	10a Arthritis Exercise 10:30a Fortunes Rocks Drive <b>2p Zac Stearn Performs!</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
10a Prayer Group 11a Chair Chi <b>2p Jay Staples Show</b> 3:30p Faith Sharing	10:00a "Let's Make Art!" Hummingbird Watercolor painting 2p Table Ping Pong 3p Veterans Table: K9's for Warriors	10a Morning Bingo 11a Balance Exercise 1:30p Afternoon Bingo! 3p The Best of Barbershop	9:30-11:30a Activity Room Monthly Vital Clinic 1:30p Resident Council 3p Armchair Travel: Easter Island	10a U-ExCEL UNE Exercise 11a Earth Day Topic / Poem in Your Pocket <b>2p Glenn Bryant – Guitar</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
10a Prayer Group 11a Reiki & Meditation <b>2p Dana Perkins – Variety Show!</b> 3:30p Faith Sharing	10a Prayer Service with Joel G. 2p Disc Golf with Greg! 3:30p Stencil Stained Glass Craft	10a Morning Bingo 1:30p Afternoon Bingo 3p Golden Carers: Guess the Landmark	10a Bicycle workout 11a Babe Ruth Life & History 1:30p Helping Hands: Food Prep 3p Golden Carers: Jeopardy	10a Morning Matinee 11a Men's Drive <b>3p Adam Gary Normand Music</b>



Please note that all activities at the Wardwell are subject to change due to inclement weather and covid-19 CDC regulations. We will do our best to fulfill our duty and responsibility of keeping you safe while encouraging you to lead a healthy and happy lifestyle and will communicate openly with any updates.