April 2024 Newsletter

TheWardwell

43 Middle Street Saco, Maine 04072 207.284.7061 www.wardwell.org



We can all agree that the start of April resembled WINTER more than the start of SPRING! But we are excited to welcome and enjoy spring's warm weather with activities that integrate more time outside.



Neighborhood walks, outings, and leisure time on the veranda for fresh air will be popular among many! This month, we will be featuring our annual, "Why Wardwell?" resident testimonials. Check them out on Facebook! They are always a treat to watch. As always, thank you for being part of our Wardwell family and remember,

"We are GREAT people doing GREAT things!"

Kimberly Boisvert, Executive Director



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Highlighted Events

Wardwell Concerts 2p

April 8
Good Times Band
April 15
Lighthouse Jubilees
April 26
Jacques and Hanson Duo



Management Team

Kimberly Boisvert - Executive Director

Era Gingras - Resident Services Director

Greg Collins - Admissions Director

Brian Mawhinney - Food Service Director

Meghan Bristol - Finance Director

Amber Tarvers Jr. - Activities Director

Al Lebreux - Maintenance Director

(207) 284-7061

April Limelight



Alex M.

Is originally from Burundi in Eastern Africa. He lived with his grandparents, aunts, cousins, and Dad. Several years ago, he and his Dad immigrated to America. Currently, his Dad lives in Washington, and Alex lives in Biddeford. Alex speaks four languages and his favorite language to speak is French. He loves the language so much that he hopes to visit France one day. His heart also longs to go back to Africa. "Africa is green and we live close to the earth. My last name is Nduwimana, which means, child or son of God or "I'm in for God."

Alex is a writer and singer. When he is not at Wardwell, he writes and records songs for an album which he hopes to release in the coming year. All of the songs are in French. Alex does not have any pets, but anytime he visits friends and family with cats, they cannot seem to get enough of him. According to Alex, they all start to purr and want to be pet. Alex favorite part about working at the Wardwell is that the residents are all different and all the nice people who are here. We love knowing you, Alex!

Wonderful Wardwell Memories!



Cane Ceremony for John & Edrice



A labor of love. Thank you, Pris!



Double Coverall Winner, Dolores



Irene, Marion and Al

April Celebrations!

Resident Birthdays

Donald C – 30th

Resident Anniversaries

John P

Lorraine J

Normand G

Employee Birthdays

Lwanga $M-1^{st}$

Maria $B - 25^{th}$

Employee Anniversaries

Era G

Friendly Reminders:

Communion is the 1st and 3rd
Sunday at 10am and
Wednesday mornings with
Rejeanne at 9:30am. Mass
with Fr. Anthony will take
place Thursday,
April 11th at 3pm.



Laurel Hill is FULL of Daffodils. Take a ride over to enjoy the beauty!

FOREVER YOUNG MINISTRY

(Ministry for Older Adulthood) Have you heard the good news?

Good Shepherd Parish, under the direction of Fr. Nadeau, has created a new ministry that will focus on local seniors including Wardwell's Independent and Assisted Living Residents. Their focus will be to promote the well-being of seniors, and have fun by offering a variety of ongoing activities. The Ministry will be shaped by the needs and desires of its participants, and will place emphasis on socialization and building the Parish Community. The month of May is Senior Citizens month, so the group will officially begin Friday, May 3rd at 11am and will include a Mass at Most Holy Trinity Church followed by a light lunch and entertainment in the MHT hall.

Mark your calendars for this to take place on the first Friday of every month. If you are an Assisted Living resident, please let us know ahead of time if you are planning to walk over.





~Noteworthy Dates~

For Assisted & Independent Living Residents!

Monday, April 8 at 10:30am: Travis Dixon Health Topic
Thursday, April 11 at 3:30pm: Veterans Table Lecture
Monday, April 22 at 10:30am: Affinity Care of Maine Visit
Tuesday, April 23 at 10:00am: Service of Word & Table
Tuesday, April 30 at 3pm: Wardwell Facebook Tour

"Our spring has come at last with the soft laughter of April suns and shadow of April showers." - Byron Cadwell Smith



Questions about Admissions? Please contact Greg!



