

April 2024

Wardwell

Assisted Living Activities

The Wardwell

43 Middle Street

Saco, Maine 04072

Established 1889



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
10a Prayer Group 10:30 Chair Chi 11a Grandpa Jokes 2p Piano with David Ernst 3:30p Faith Sharing	11a Dining Flowers & Tree Decorating 1:30p Helping Hands: Soup Prep and UNO to follow 3:30p Anatole Brown Series Virtual Tour of Saco	9:30a Communion with Rejeanne 10a One Bingo Today 1:30p Solar Eclipse Topic with News Anchor / Meteorologist, Jason Nappi 3p Mindy Muse Yoga	9:30a Shopping: Walmart 2p Golf Tourney with Al 3p The Best of Baseball	10a From the Heart: Wardwell Woofer Biscuits! 2p Peter Mezoain Banjoist 3p Helping Hands: Biscuit Packaging
8	9	10	11	12
10a Prayer Group 10:30a Travis Dixon Health Topic 2p Good Times Band 3:30p Faith Sharing	9:30a Yellow Daffodils Craft 11a Wardwell Diners Club: Ken's Place 2p Cornhole with Steve 3p The More You Know Series	9:30a Communion with Rejeanne 10a Morning Bingo 1:30p Afternoon Bingo 3p Better Balance Exercise	10a Armchair Travel: Constellations 11a Walk the Neighborhood 2p Volunteer Appreciation Gifts 3p Mass with Fr. Anthony	9:30a Visit with Joy & Mound 10a Shopping: Reny's 2p Michael Perry Photographer Southern Maine Road Trip
15	16	17	18	19
10a Prayer Group 10:30a Tapping Yoga 2p Lighthouse Jubilees Songs 3:30p Faith Sharing	10a Weights Workout 2:30p Disc Golf with Greg 3:30p Pinwheel Paper Craft	9:30a Communion with Rejeanne 10a Morning Bingo 1:30p Afternoon Bingo 3p Bicycle Workout	9:30-11:30a Vital Signs Clinic 2p Resident Council 3:30p Veterans Table & Speaker, Marshall Archer Commander AVP1	10a Flashcard Fitness 10:30a Haiku Poetry Class 2p Dana Perkins Ventriloquist
Earth Day Theme	22	23	24	25
10a Prayer Group 10:30a Affinity Care of Maine 2p Rock with Jay Staples 3:30p Faith Sharing	9:45a Better Balance Bar Exercise 10a Prayer Service with Joel G. 2p BOWLING with UNE and social to follow.	9:30a Communion with Rejeanne 10a Morning Bingo 1:30p Afternoon Bingo 3p Red Hat Craft for tomorrow	Red Hatters Theme Day 10:30 Len Orsini Sing-a-long 2p Red Hatters Tea & Social 3:30p Armchair Travel: Fullerton, CA	26
29	30			30
10a Prayer Group 10:30 Digestive Healing Class 2p Just Us! Paul & Ellen Music 3:30p Faith Sharing	10a Watercolors: Monet Series 2p Basketball Scrimmage 3p Wardwell Facebook Tour			10a Laurel Hill View of the Daffodils 11a Laurel Hill View of the Daffodils 2p Tom Jacques & Per Hanson and Doug's Ice Cream

Please note that all activities at the Wardwell are subject to change due to inclement weather and covid-19 CDC regulations. We will do our best to fulfill our duty and responsibility of keeping you safe while encouraging you to lead a healthy and happy lifestyle and will communicate openly with any updates.