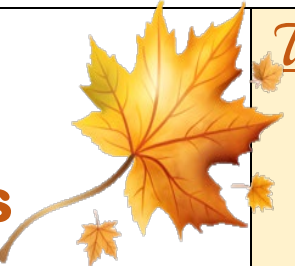


September 2026



Wardwell

Assisted Living Activities



This month we celebrate:

National Assisted Living Week,
9/15-9/18
Miniature Golf Day, 9/21
Hot Mulled Cider Day, 9/30

The Wardwell
43 Middle Street
Saco, Maine 04072
Established 1889



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	9:30a Cribbage Club 9:30a-11:30a WALMART w/ Kim D. 1:45-3p Saco CHAT Rides 2p-4p Handy Helper Errands w/ Rob: Michael's Craft Store	9a-11a Handy Helper Errands w/ Rob: McArthur Library 9:30a Communion with Rejeanne 10:30a BINGO 1:30 Helping Hands w/ Brian (Corn Shucking) 3p Yoga with Mindy Muse	10:00a Exercise Blitz: "Kayaking" the Rivers of Maine 10:30 Craft Corner- Layered Maple Leaf Collages 1:00p Mysteries of the Faith Documentary (Netflix) 2p-4p Handy Helper w/ Rob-Goodwill 2p Jokes & Floats	9:30a-11:30 Seashore Trolley Museum Outing 1:00p Family Feud Roundtable! 2p Just Us-Paul & Ellen Concert
LABOR DAY 7	8	9	10	11
10a Rosary & Prayer Group 10:30a Resident Card Games 2pm Life In Color David Attenborough Documentary on Netflix (Home Living Room)	9:30 Cribbage Club 10:30 Health Topic & Round Table w/ BobbiJo/Amedysis 2p-4p Handy Helper Errands w/ Rob: CVS 2p Disc Golf! 3p Craft Corner – Fall Wreath Making	9:30a Communion with Rejeanne 10:30a BINGO 1:30 Helping Hands w/ Brian (Corn Shucking) 2p Dick Coffin Variety Show	10:30a Helping Hands: Corsage & Boutonniere Making 2p-4p Handy Helper Errands w/Rob: Dollar Store 2p Exercise Blitz- Seated Cardio Exercises 3p Mass w/ Father Joseph from Good Shephard Parish	9:30a Arundel Antiques Outing 1:30p Jeopardy Style Trivia Bowl 3p 'Richochet' Barbershop Quartet
NATIONAL ASSISTED LIVING WEEK ~ SHINING THROUGH THE YEARS!				
Shining Through Generations 14	Sparkle & Shine Day 15	Shining Through the Decades! 16	Shining Stars Wardwell Prom Day 17	Wardwell Colors Day 18
10a Rosary & Prayer Group 9:30a Belle's Coffee Cart 10:30a Shining Through Generations w/ Dayton Consolidated School, Gr. 5 "Smile Visits!" 2p Paul Conner Concert 3pm Craft Corner: "Then & Now" Button Making	10:00 Virtual Tour of Downtown Saco w/ Anatole Brown of Dyer Library 12noon Michael's Pizza Take-out Lunch 1:45p-3p CHAT Rides 2p-4p Handy Helper Errands,Market Basket 2:30p Deb Brundage Line Dancing	9a-11a Handy Helper Errands w/ Rob: Kohl's 9:30a Communion with Rejeanne 10:30a Double Stakes BINGO 1:30p "Show Us your Shine" Resident Show & Tell/Story Circle 2:30 Karaoke through the Decades w/ Laurie T.	9:30a Words of Wisdom Tree 12:00 Wardwell Formal Dinner 2p-4p Handy Helper Errands w/ Rob: SBSI, Saco Valley FCU, Atlantic FCU 2p The Wardwell Prom w/ Chris & Mike Show!	9a Monthly Vital Signs Clinic 12noon: Lobster Roll Dinner! 1:00p Pet Therapy w/ Daisy 2p Patrick Freeman Keyboard Concert 2:45p Wardwell Reception, Raffle & Dedication Reveal!
Miniature Golf Day! 21	22	23	24	25
10a Rosary & Prayer Group 10:30 Amber Rose Reiki 2p Rob Robbins Concert 3:00 Indoor Mini Golf	9:30a Cribbage Club (In Dining Room) 10a Service of the Word & Table 1p Exercise Blitz: Balloon Bop! 2p-4p Handy Helper Errands w/Rob: Target & Famous Footwear 2p Craft Corner-Paper Sunflowers	9a-11a Handy Helper Errands w/ Rob: Dyer Library 9:30a Communion with Rejeanne 10:30 BINGO 1:30p Helping Hands w/ Brian 2p Shuffleboard!	9:30a Art Appreciation w/ Norman G. 10:30 Diane Lent Art in Action 2p-4p Handy Helper Errands w/Rob: Reny's & Shaw's 1:30p Resident Council	9:30a Miniature Golf Outing 1:00p Exercise Blitz: Gentle Chair Exercise 2p Darren Whitney Concert 2:30p Wardwell Ice Cream Social
28	29	Hot Mulled Cider Day! 30		
10a Rosary & Prayer Group 10:30a Social with Lori from Affinity 2p Tom Dyhrberg Concert	9:30a Cribbage Club 10:00a Ocean w/ Dave Attenborough Documentary YouTube (Home Living Room) 1:00p Skee-ball! 2p-4p Handy Helper Errands w/Rob: Marden's	9a-11a Handy Helper Errands w/ Rob: TJMaxx/HomeGoods 9:30 Communion w/ Rejeanne 10:30 BINGO 1:00 Giles Farm Stand Outing- Apples, Donuts & Cider 3p Warm Cider Circle!		

Concerts & Entertainers! Open to Wardwell Neighborhood	Exercise & Presentation Series Open to Wardwell Neighborhood	Assisted Living Resident Outing	Assisted Living Resident Diner's Club	Wardwell's Handy Helper Errands	Theme Days
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