

August 2025 Newsletter

The Wardwell

43 Middle Street, Saco, Maine 04072

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www.wardwell.org

Dear Wardwell Family,

Welcome *August* !

We are in our final stretch of summer – let's get out there and enjoy it! This month we look forward to another Wardwell Summertime Event Series with a concert by Mule Fuel, Don & Alex. All are welcome!

Also, check out the exercise opportunities with Amber – see the schedule included in this newsletter.

As always, we thank you for being a part of our Wardwell family! We love what we do!

Kimberly Boisvert, Executive Director

*"We are **GREAT** people doing **GREAT** things!"*



Highlighted Concerts

Open to the

Wardwell Neighborhood, 2pm

August 11

Chris Skidgel Electric Guitar

August 15

Adam Gary Normand Vocalist

August 18

Darren Whitney Saxophonist



Management Team

Kimberly Boisvert, Executive Director

Era Gingras, Resident Services Director

Greg Collins, Admissions Director

Brian Mawhinney, Food Service Director

Meghan Bristol, Finance Director

Amber Tarvers Jr., Activities Director

Al Lebreux, Maintenance Director

August
Limelight!



Meet Claudette

Claudette loves engaging in the activity programs, from Bingo to Cornhole, crafts, music, jeopardy and Wheel of Fortune with Rachel. She helped add a Wardwell favorite to our menu, Chicken Tetrazzini, and has made several friends here. Her favorite restaurants are Ken's for their fried clams, and Pier Fries in Old Orchard. She walks each day, loves the outdoors and Exercise Blitz. Her hometown is Biddeford, she worked for Fairchild, and was in her church choir. Her favorite color is "all of them" and loves lilacs because "they smell so beautiful." Betty Davis is one of her favorite movie stars and used to be smitten by actor, Raymond Burr. Choice destinations would be, Hawaii, Alaska, or sitting by the lake. Claudette shares that she is most proud of her family.

"Life is good."

Wonderful Wardwell Memories!



Bicycle Rides with Saco Cycles



Family Night Alumni Band



Ice Cream with Altrusa



Weekly Neighborhood Walks



**Mule Fuel Don & Alex
Hawaiian Theme Event**

Monday, August 18th, 5:30-6:30p



WARDWELL NEIGHBORHOOD ACTIVITIES

Wardwell Tenants, please sign in at your arrival.

Wednesday, August 6, 3p

Yoga with Mindy Muse

You will enjoy this class very much. Give it a try.

Friday, August 8, 2p

Michael Perry Slideshow

An exceptional tour of Down East Lighthouses.

Tuesday, August 12 & 26, 1:30p

Saco Cycles Chat Rides

A different way to see the neighborhood and socialize.

Wednesday, August 13, 1:30p

Better Balance with Amber

Join us for a great workout with our Activities Director.

Tuesday, August 19, 2p

Line Dance with Debra

Debra Brundage is encouraging and fun. You will LOVE her.

Monday, August 25, 10:30a

Affinity Care of Maine Social

Join Lori Maxwell for meaningful conversation and connection.

Wednesday, August 27, 3p

Poetry and Pie

A collection of lighthearted poems. Bring a few to share if you'd like.

Anita, graciously leads
the Alumni Band.



**Highlighted
Performer...**

Ann Sparling!



**Monday, August 25,
1:30p See you then.**

August Celebrations!

Resident Birthdays

Jackie C. - 3rd
Cecile P. - 20th
Lorraine J. - 21st
Lorraine J. - 26th
Beverly L. - 28th

Resident Anniversaries

Lois H.
Rene B.
Donald P.



Employee Birthdays

Carolyn R. - 6th
David T.S. - 11th
Megan G. - 16th
Jennifer S.G. - 18th

Employee Anniversaries

Megan G.
Tammy H.
Alex N.
Gisele S.
Marlene W.

Life, is not a having and a getting,
but a being and a becoming.
-- Myrna Loy



August Word Search

F	H	X	L	I	J	K	B	E	I	R	A
R	U	I	P	O	P	S	I	C	L	E	S
E	E	N	N	L	O	M	K	J	K	L	U
A	N	E	K	M	X	U	I	H	T	A	M
D	A	C	Y	T	Q	P	N	S	R	X	M
I	T	R	S	T	A	V	G	N	A	M	E
N	I	C	E	C	R	E	A	M	V	L	R
G	X	A	S	T	Y	E	B	J	E	A	H
L	E	M	O	N	A	D	E	H	L	Y	W
W	F	R	I	E	N	D	S	R	M	P	Z
S	N	O	W	C	O	N	E	P	O	O	L
N	M	X	O	R	L	P	U	H	J	K	G

BIKING	POOL	READING	FRIENDS
POPSICLES	SNOW CONE	RELAX	TRAVEL
SUMMER	ICE CREAM	LEMONADE	FUN



August in History: Penicillin's Mass Production Begins

In August 1943, penicillin—the antibiotic that would go on to save millions of lives—began mass production for use in World War II. Though discovered earlier by Alexander Fleming, it wasn't until the early 1940s that scientists learned to produce it on a large scale. This life-saving antibiotic went on to change the course of healthcare and save countless lives.

WOW!

Wardwell's

Compliment Corner

"As a new hire here at the Wardwell since day one I have been welcomed by all departments and appreciated by all residents which makes the difference and means everything. All the departments here at the Wardwell from the Nursing team to the kitchen, Activities and Maintenance, as well as the front desk makes a positive impact on the resident's day to day working and living in this community. The Wardwell truly is home away from home. I also want to give a shout-out and thank you for the commendable care of Wardwell's Nurse, Era, gives to all of the residents that we can all attest to. I'm proud to be a part of the Wardwell team." - David T.S

Zodiac signs: **Leo & Virgo**

Birthstone: **Peridot**

Flower: **Gladiolus**

LETTER SCRAMBLE

RTKSI _____ Item of Clothing

LETLUM _____ Type of Fish

MEONBRT _____ Instrument



Give us a **LIKE** us on Facebook.
Questions about Admissions?
Please contact **Greg!**



"Wardwell is the home in the garden." -Resident quote