

February 2026 Newsletter

The Wardwell

43 Middle Street Saco, Maine 04072
207.284.7061 www.wardwell.org

Dear Wardwell Family,

Welcome to our February newsletter! This month is filled with opportunities for connection, reflection, and heart~healthy living. We look forward to sharing activities, celebrations, and moments that bring our community together.



Kimberly Boisvert, Executive Director

"We are GREAT people doing GREAT things!"

2pm Highlighted Concerts

Open to All of Wardwell Neighborhood Tenants

February 16

Jay Staples

February 18

Chris & Mike

February 20

Barber Shop Quartet

February 27

Vickie Lee

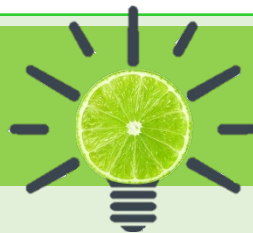


Management Team

Al Lebreux, Maintenance Director
Kimberly Boisvert, Executive Director
Greg Collins, Admissions Director
Brian Mawhinney, Food Service Director
Deb Burke, Activities Director
Meghan Bristol, Finance Director
Era Gingras, Resident Services Director



February Limelight



Odette P.



Odette M. Pennell was raised in Montreal, Canada, and moved to Maine in 1973. She is the proud mother of two sons, Eric and Mark. Fluent in both French and English, Odette devoted 27 years to helping others as an interpreter for Maine Medical Center and Catholic Charities making a meaningful difference in many lives along the way.

At Wardwell, Odette is known for her love of Rummy and Bingo and for staying active and engaged.

Thank you for being a part of our Wardwell family!

Activities Galore!



The Joy of Baking!!



We Love Having Amber for Reiki



Myra Robinson - Sound Bath



Break Time with a Root Beer Float



February
Celebrations!

Resident Birthdays

- Feb 2 Don P
- Feb 4 Rene B
- Feb 9 Winona I
- Feb 22 Eleanor R
- Feb 27 Peggy G



Employee Birthdays

- Feb 11 Alex N
- Feb 12 Mark W
- Feb 18 Patty W

Employee Anniversaries

- Feb 2 Noelle L
- Feb 21 Rachel H

Wardwell's
Compliment Corner

I am so happy at
Wardwell, I feel safe
and secure
~ E.L.



THE WARDWELL NEIGHBORHOOD

February 2026

Exercise & Speaker Activities

Wardwell Tenants, please sign in at your arrival.

Tuesday, February 10 2p	Deb from New England Rehab Fall Prevention Presentation
Tuesday, February 17 2p	Debra Brundage Line Dancing!
Tuesday, February 24 10a	Service of Word and Table With community volunteers Joel and Wendy

February

is

Black History Month!

Black History Month is a time to remember and honor the contributions of Black Americans who helped shape our country. It's a chance to learn and appreciate our people, culture, and history that continue to influence our lives today.



AMETHYST

IRIS

"I create happiness"

February

February

Is American Heart Month!

Tips for a healthy heart:

- ♥ Keep Moving
- ♥ Eat Heart Smart
- ♥ Watch the Salt
- ♥ Stay Warm
- ♥ Manage Stress



Vote for the
Wardwell
King & Queen
at the Front Desk!



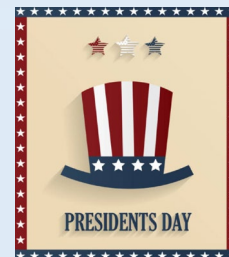
February



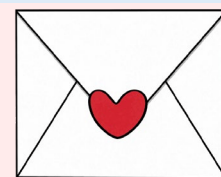
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C	O	T	F	Z	P	C	L	S	I	R	G
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R	H	C	T	S	X	M	S	V	D	S	O
D	A	X	A	B	V	S	M	O	N	I	U
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Presidential Fun Facts!

This holiday was first celebrated as a federal holiday in 1885.



President's Day is now seen as a day to honor all U.S. presidents, not just George Washington.



What did the stamp say to the envelope on Valentine's Day?

- | | | | |
|-----------|--|------------|-----------|
| CANDY | | KINDNESS | SECOND |
| CARD | | PINK | SHADOW |
| EQUALITY | | PRESIDENTS | SLEDDING |
| FOOTBALL | | RED | SNOW |
| GROUNDHOG | | RIGHTS | VALENTINE |



*"I'm
STUCK
on you!"*



Questions about Admissions? Please contact Greg!