

May 2024

# Wardwell

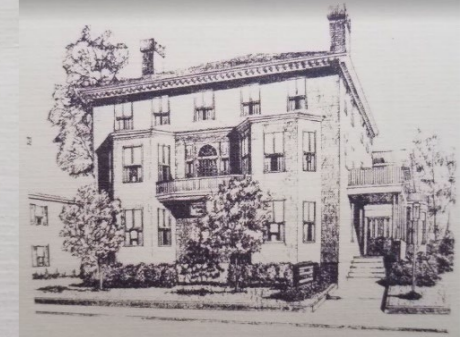
## Assisted Living Activities



The Wardwell

43 Middle Street

Saco, Maine 04072

Established 1889



Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Nurses Appreciation</b> 6</p> <p>10a Prayer Group 10:30a Tapping Yoga <b>2p Jim Ciampi</b> 3:30p Faith Sharing</p>	 <p><b>9a Dayton Consolidated School Visit</b> 7</p> <p>1:30p Helping Hands: Soup Prep and UNO to follow 3p Weights Workout</p>	<p>9:30a Communion with Rejeanne 10a Morning Bingo 1:30p Afternoon Bingo 2:30p Dining Flower Arrangements <b>3p Mindy Muse Yoga</b></p>	<p><b>Kentucky Derby Party</b> 2</p> <p><b>9:30a Shopping: Walmart</b> 2p Annual Kentucky Derby Race 3p Armchair Travel: Churchill Downs</p>	<p>10a From the Heart: Biscuits for K-9's 12p Cinco De Mayo Luncheon <b>1:30p Music with Ann Sparling</b> 3p Helping Hands: Cookie Packaging</p>
<p>10a Prayer Group 10:30a <b>Travis Dixon Health Topic</b> <b>2p Patrick Freeman Music</b> 3:30p Faith Sharing</p>	<p><b>10a Guest Speaker Thomas Meuser Clinical Psychologist &amp; Applied Gerontologist at UNE</b> 14</p> <p>2p Cornhole with Steve 3p Wild Lupine Dab Painting</p>	<p>9:30a Communion with Rejeanne 10a Morning Bingo 1:30p Afternoon Bingo 3p Bicycle Workout</p>	<p>9:30-11:30a Vital Signs Clinic 2p Resident Council <b>3:30p Veterans Table &amp; Speaker,</b></p>	<p>9:30a Morning Matinee <b>10a 1<sup>st</sup> annual Pier Fries Trip!</b> <b>2p Guitar with Guy Gaudette</b></p>
<p><b>9:30-11:30 Golf Tourney w/ St. James School</b> <b>1:30 Rob Robbins Pianist</b> 3:30p Faith Sharing</p>	<p>10a Shell Trinket Craft with Carolyn 1:30p State Primary Vote Municipal School Budget Referendum 3p Francophone French Heritage with Guest Speaker, Randa Thomas</p>	<p>9:30a Communion with Rejeanne 10a Morning Bingo 1:30p Afternoon Bingo <b>2:30p Walk over to Saco Scoop</b></p>	<p><b>10:30 Len Orsini Sing-a-long</b> 2p Lucky Penny Day: Amber's Coin Collection 3:30p Armchair Travel: History of Silver Coins Around the World</p>	<p>9:30a Flashcard Fitness <b>10a Dollar Tree Shopping Trip</b> <b>2p Adam Gary Normand Performs</b> and Homemade Ice Cream</p>
<p><b>Memorial Day</b> 27</p> <p>10a Prayer Group 12p Traditional cook-out style noon dinner <b>2p Old Country with Glenn Bryant</b> 3:30p Faith Sharing</p>	<p><b>10a Prayer Service with Joel G.</b> 28</p> <p>2p Color Your Own Van Gogh 3p Outdoor Chair Chi</p>	<p>9:30a Communion with Rejeanne 10a Morning Bingo 1:30p Afternoon Bingo 3p Wardwell Facebook Tour</p>	<p><b>9a Wardwell Diner's Club: Breakfast at Gonnevilles</b> 1:30p Printmaking Craft <b>3p Mass with Fr. Anthony</b></p>	<p><b>10a Affinity Care of Maine</b> 11a Walk the Neighborhood <b>2p Rock with Jay Staples</b></p>

Please note that all activities at the Wardwell are subject to change due to inclement weather and covid-19 CDC regulations. We will do our best to fulfill our duty and responsibility of keeping you safe while encouraging you to lead a healthy and happy lifestyle and will communicate openly with any updates.